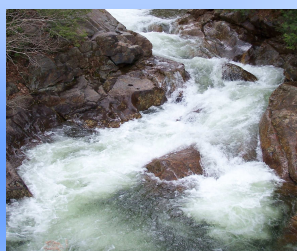


# SCENIC MOUNTAIN RIVERS AND LAKE SWIMMING

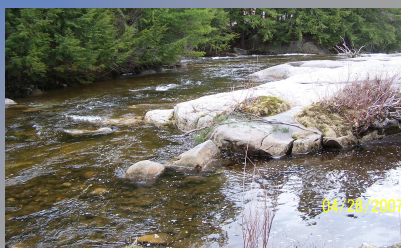
## Baston's Swimming Hole, Eastman Brook Woodstock, NH

Directions: Take I-93 S, from Exit 32 to Exit 31. At end of the exit ramp, turn right and then immediately left, on to Rte. 175 south. Proceed 1.6 miles to the ninety degree turn. The gravel parking lot is on the left. Baston's is directly down from the lot, on the up river side of the bridge.



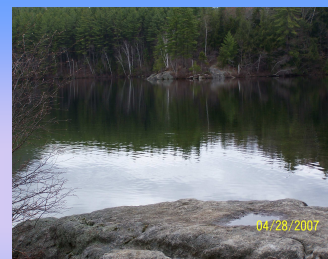
## Cascades, West Branch River North Woodstock, NH

Directions: Travel to North Woodstock on Rte. 112 West. Turn right and park on Main Street or in the Public Parking behind Truant's Restaurant. Walk north on the sidewalk, to Cascades Park, which is adjacent to the barber shop. Proceed along the maintained path to the river.



## Mirror Lake in Woodstock, NH

Directions: Drive south on I-93 from Exit 32, to Exit 30. At the end of the exit ramp, proceed south on Rte. 3 for 2 miles, and take a right onto Mirror Lake Road. Mirror Lake Beach Road is 0.6 miles, on the right to the free public beach with a diving raft.



Note: Hubbard Brook Research Forest (North-Eastern Experimental Research Station) is located at the end of Mirror Lake Rd.

## Indian Leap, Lost River Woodstock, NH

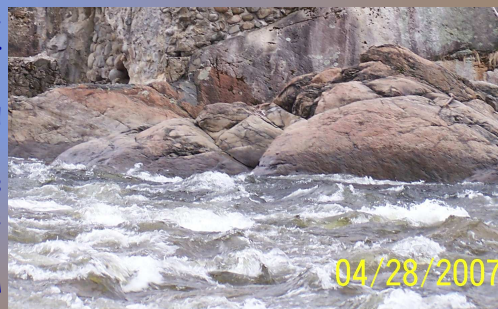
(Swimming no longer allowed)

Directions: Drive west on Rte. 112 from the Mountain Club to North Woodstock to intersection of Rte. 3 and Rte. 112. Travel 1.6 miles west on Rte. 112. The parking lot is located on your left, just before a boarded up white house. Follow the paths through this scenic area.  
(Photo from [www.heartofnh.com](http://www.heartofnh.com))



## Gravity, East Branch River in Lincoln, NH

Directions: From the Mountain Club, drive west along the river, for 1.3 miles. Park on the right, just beyond where the pavement ends. Walk approximately 0.2 miles and you will see an old stone masonry wall, on the right. Follow the wall to the old dam site, known as "Gravity".



## Lady's Bathtub East Branch River Lincoln, NH

Directions: From the Mountain Club, drive west 1.3 miles on Route 112, toward Lincoln. Take a left onto West Branch Road, and then an immediate right. Proceed a short distance to the parking located adjacent to the tennis courts on the left. Follow the signed path to the river.

## Sand Bar Swimming Hole, Pemigewasset River Woodstock, NH

Directions: Drive south on I-93, from Exit 32, to Exit 31. At the end of the exit ramp, turn right, and then take an immediate left, onto Route 175 south. Proceed 0.5 mile and turn left just before the end of the guardrail and proceed slowly until you find parking. The best swimming is on the down river side of the bridge and the best sand is on the up river side of the bridge.



## Echo Lake in Franconia, NH

Directions: Travel north on I-93, from Exit 32, through Franconia Notch. Just beyond the Cannon Mountain Ski Area, take the Route 18 exit. (You will see Echo Lake on your left.) Continue west on Route 18, until you see the Echo Lake parking lot, on your left.

(Photo from [www.nhparks.state.nh.us/ParksPages/EchoLake](http://www.nhparks.state.nh.us/ParksPages/EchoLake))



## Old Hole, East Branch River in Lincoln, NH

Directions: Travel 2.2 miles from the Mountain Club, toward Lincoln, on Rte. 112, and park car. Walk toward the river on Copper Memorial Drive, turn left onto Bunker Lane, and continue past the gate on the dirt road, until you reach the old dam site, known as "Old Hole".  
(No photo available)